



COUNCILLOR
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Ken Zulumovski
Gamarada
181/102 Miller Street
Pyrmont NSW 2009

Dear Ken,

It is with pleasure that I provide this letter of support for the Gamarada Men's Self Healing Program.

As you know, I have been a very strong supporter of your organization since its inception. My attendance at your recent information evening gave me even greater insight into the value and significance of Gamarada programs.

I am aware that the Gamarada program provides a nurturing and constructive environment which enables participants to deal more effectively with negative aspects of their lives. I know that the Gamarada training helps participants to become aware of their thoughts, their emotions, and their subsequent actions. Participants are able to utilize techniques, learned in the Gamarada training, to manage challenging situations that arise.

In particular, I appreciate the philosophies that underpin your program. The obvious respect for Aboriginal Culture, the promotion of higher values such as community service, compassion, non-violence and self-discipline are all strengths that contribute to significant personal growth. I recently had a conversation with a Gamarada graduate and was very pleased to hear him speak of his new-found understanding of actions and their consequences – the sense of responsibility he now has. Truly inspirational!

You have my very best wishes, and, as you know, my continuing support for your program.

Sincerely,

Marcelle Hoff